

DAY
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- * I AM GRATEFUL FOR MY BED TO COME HOME + GIVE ME A GREAT NIGHT SLEEP. I AM ENERGIZED FOR THE DAY.
- * I AM GRATEFUL FOR MY HEALTHY BODY. I LOVE HOW IT RECOVERS POST WORKOUT SO I CAN EXERCISE AGAIN TODAY. IT IS ELITE!
- * I AM EXCITED TO PRACTICE MY GOLF TODAY. INSTILL MY TEACHINGS, CHALLENGE MYSELF + HAVE FUN. I LOVE THE PROCESS.
- * WHAT WENT WELL FOR ME YESTERDAY WAS MY CONVERSATION WITH MY COACH. I ALWAYS APPRECIATE THE FEEDBACK + FOCUS I GET.
- * AS AN ELITE GOLFER + PGA MEMBER...
 - I WILL MAKE TODAY MORE PRODUCTIVE + HIGHER LEVEL THAN WHAT I ACHIEVED YESTERDAY.
 - I AM LIMITLESS IN MY POTENTIAL + WORK ETHIC.
- * MY MENTAL INTENTION IS TO BE PRESENT IN ALL MY TASKS. THIS WILL ELEVATE MY HAPPINESS TOO.
- * MY PHYSICAL INTENTION IS TO PLAN MY PRACTICE. I WILL MAKE EVERY BALL COUNT.

LET'S SMILE + BE ELITE!